

CLIENT PRESCREEN AND WAIVER



Keep The Beat Wellness is committed to your general well-being and health. Due to the coronavirus illness, COVID - 19, we have implemented additional standards in an attempt to stop the spread of the virus and we will follow or exceed sanitation/ disinfection guidelines issued by the CDC. These include, but are not limited to:

- Everyone, staff and members, will wear a mask. Gloves are recommended for members.
- Keep 6 feet apart from other members.
- Thoroughly wipe all equipment before and after use along with sanitizing your hands before and after use. Plus, if you touch your face or blow your nose, you **MUST** sanitize your hands.
- Upon entering facility touch less temperature checks will be taken. Must be below 100.

FOR YOUR VISITS MOVING FORWARD YOU ACKNOWLEDGE AND AGREE TO THE FOLLOWING:

- I UNDERSTAND THAT THE CDC HAS PUBLISHED THE FOLLOWING AS SYMPTOMS OF COVID-19 AND IF I OR SOMEONE I HAVE BEEN IN CONTACT WITH HAVE ANY, I WILL NOT ATTEND KEEP THE BEAT WELLNESS: ***Fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle soreness, sore throat, loss of taste or smell.***

MOVING FORWARD, THE FOLLOWING STATEMENTS ARE TRUE FOR ME, MY HOUSEHOLD MEMBERS AND ANY OTHER INDIVIDUALS I COME IN CLOSE PERSONAL CONTACT WITH ON A REGULAR BASIS:

- We ARE NOT currently experiencing any of the above symptoms. If we should we will not attend Keep The Beat Wellness and will self-quarantine for 14 days.
- We HAVE NOT been diagnosed with COVID-19.
- We HAVE NOT knowingly been exposed to anyone with COVID-19 within the past 14 days.
- If you HAVE BEEN exposed to anyone in the last 14 days, I will not attend Keep The Beat Wellness and self-quarantine for 14 days.
- If you have traveled outside the Country or to/from any COVID-19 “hot spot” within the last 14 days, upon returning I WILL self-quarantine myself for 14 days.

I ALSO ACKNOWLEDGE THE FOLLOWING:

- A person can UNINTENTIONALLY spread COVID-19 to others even if they do not feel sick or have symptoms.
- Mask are meant to reduce the possibility of spreading the virus when infection is known or unknown; they do not block the virus.
- I understand and acknowledge that the staff of Keep The Beat Wellness cannot completely control the spread of COVID-19 and I HAVE CHOSEN to enter this business for exercise training with full knowledge of the risk of contracting COVID-19.

By signing below, I agree that to the fullest extent allowed by law I accept possible risks and will hold Keep The Beat Wellness and its employees harmless from any claims due to exposure to or contacting of COVID-19.

Signature: _____ Printed Name: _____

Date: _____